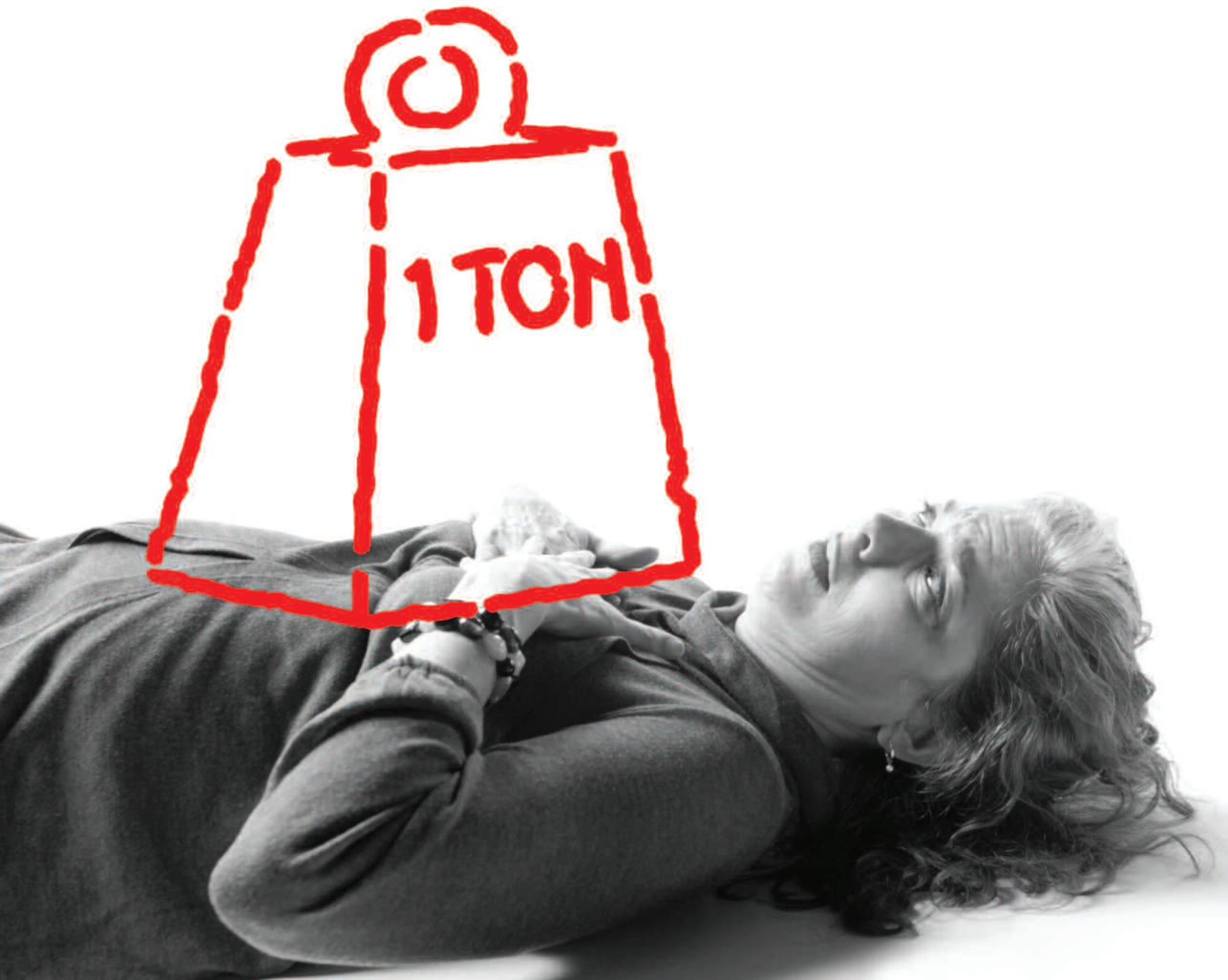


THIS IS WHAT A HEART ATTACK FEELS LIKE TO A WOMAN.

(CHEST PAIN, DISCOMFORT, PRESSURE OR SQUEEZING, LIKE THERE'S A TON OF WEIGHT ON YOU)



Other Heart Attack Symptoms to Watch Out For:

Shortness of breath • Nausea • Light-headedness or sudden dizziness • Upper body pain, or discomfort in one or both arms, back, shoulder, neck, jaw or upper part of the stomach • Unusual fatigue • Breaking out in a cold sweat

If you experience any one of these symptoms, don't make excuses for them. Make the call to 9-1-1. Don't miss a beat.

To learn more, visit WomensHealth.gov/HeartAttack

