

National Women and Girls HIV/AIDS Awareness Day (NWGHAAD) 2026

Social Media Messages

National Women and Girls HIV/AIDS Awareness Day is on March 10. Learn how you can help women and girls access #HIVAIDS information and treatment in your community. Explore the HHS Office on Women's #NWGHAAD toolkit at www.womenshealth.gov/nwghaad/resources to access resources and learn more!

 Recent estimates from @CDCgov show that 1.2M people in the U.S. have #HIV and of those, 263,900 are women. This National Women and Girls HIV/AIDS Awareness Day, join OWH in supporting those at risk for and living with HIV. #NWGHAAD www.womenshealth.gov/nwghaad

 It's National Women and Girls HIV/AIDS Awareness Day! Visit the HHS Office on Women's #NWGHAAD page to learn about the 2026 theme, "Prevention, Care, and Confidence: Supporting Women's HIV Health." www.womenshealth.gov/nwghaad

 #HIV care supports more than viral suppression—it supports #HeartHealth, mental wellness, #ReproductiveHealth, & healthy aging. On National Women and Girls HIV/AIDS Awareness Day, learn how early treatment helps women thrive at every stage of life. #NWGHAAD www.womenshealth.gov/nwghaad

Managing #HIV alongside other #ChronicConditions is part of comprehensive #WomensHealth. Integrated care helps protect today's health & tomorrow's goals. On National Women and Girls HIV/AIDS Awareness Day, access information from OWH on how you can manage HIV through regular care. #NWGHAAD www.womenshealth.gov/nwghaad

#HIV affects #WomensHealth across the lifespan—especially when combined with #ChronicConditions, pregnancy, or #MentalHealth challenges. This National Women and Girls HIV/AIDS Awareness Day, learn how HIV prevention can protect long-term wellness. #NWGHAAD www.womenshealth.gov/nwghaad

#DYK? Early & consistent #HIV treatment protects your immune system & supports long-term wellness. On National Women and Girls HIV/AIDS Awareness Day, learn how HIV care is preventive care. #NWGHAAD www.womenshealth.gov/nwghaad

Knowing your #HIV status empowers you to make informed choices that protect your health & your future. Today on National Women and Girls HIV/AIDS Awareness Day, make it

a priority to get tested to support your lifelong wellness. #NWGHAAD

www.womenshealth.gov/nwghaad

👤 Normalizing routine #HIV testing strengthens preventive care & supports early intervention for women & girls. This National Women and Girls HIV/AIDS Awareness Day, start the conversation with your patients about HIV testing. #NWGHAAD

www.womenshealth.gov/nwghaad

#HIV prevention behaviors like viral suppression support healthy aging & reduce future health risks. On National Women and Girls HIV/AIDS Awareness Day, learn about the HIV prevention behaviors that will help reduce long-term health risks. #NWGHAAD

www.womenshealth.gov/nwghaad

#HIV prevention tools, including testing and #PrEP, help reduce long-term health risks and protect future generations. This National Women and Girls HIV/AIDS Awareness Day, learn about the different HIV prevention tools that are available to you. #NWGHAAD

www.womenshealth.gov/nwghaad

👤 Reinforcing #HIV prevention behaviors helps reduce long-term health risks & supports healthier families & communities. As health care providers, talk to your patients about the importance of preventing HIV to protect long-term wellness on National Women and Girls HIV/AIDS Awareness Day & throughout the year. #NWGHAAD

www.womenshealth.gov/nwghaad

Expanding awareness of and access to #HIV care is important. On National Women and Girls HIV/AIDS Awareness Day, learn about the HIV support & resources available to you. You are not alone. #NWGHAAD www.womenshealth.gov/nwghaad

💜 Seeking #HIV prevention & testing is about health, not judgment. Supportive services are available. Learn more this National Women and Girls HIV/AIDS Awareness Day.

#NWGHAAD www.womenshealth.gov/nwghaad

👤 Emphasizing prevention and care for #HIV strengthens trust & improves long-term outcomes for women & girls. This National Women and Girls HIV/AIDS Awareness Day, learn how you can support your patients in their HIV care journey. #NWGHAAD

www.womenshealth.gov/nwghaad

💰 Cost should never be a barrier to your health. Affordable #HIV care supports long, healthy lives. This National Women and Girls HIV/AIDS Awareness Day, explore free & low-cost HIV prevention, testing, & treatment resources. #NWGHAAD

<http://www.womenshealth.gov/nwghaad/resources>



Affordable #HIV prevention tools help women take charge of their health & plan for the future. This National Women and Girls HIV/AIDS Awareness Day, explore free & low-cost HIV prevention, testing, & treatment resources. #NWGHAAD #YourHealthYourPower <http://www.womenshealth.gov/nwghaad/resources>

Connecting patients to free or low-cost #HIV services & resources supports timely prevention & care. This National Women and Girls HIV/AIDS Awareness Day, explore free & low-cost HIV prevention, testing, & treatment resources. #NWGHAAD <http://www.womenshealth.gov/nwghaad/resources>

#DYK? Early #HIV treatment supports long, healthy lives—and helps protect partners and families. This National Women and Girls HIV/AIDS Awareness Day, learn more about how preventing & treating HIV early on support your lifelong wellness. #NWGHAAD #YourHealthYourPower www.womenshealth.gov/nwghaad

 Timely #HIV prevention helps reduce transmission & supports healthier communities. On National Women and Girls HIV/AIDS Awareness Day, learn more about how preventing & treating HIV early on support your lifelong wellness. #NWGHAAD #YourHealthYourPower www.womenshealth.gov/nwghaad

 You deserve #HIV care that listens, respects, & supports your whole health. This National Women and Girls HIV/AIDS Awareness Day, find a health care provider who will support your lifelong wellness. #NWGHAAD #YourHealthYourPower www.womenshealth.gov/nwghaad

 Respectful care empowers women to prioritize #HIV prevention & lifelong wellness. This National Women and Girls HIV/AIDS Awareness Day, learn how you can support your patients in their HIV care journey. #MAHASstrategy #NWGHAAD www.womenshealth.gov/nwghaad

Sharing #HIV experiences helps normalize care & empower future generations to make informed decisions. On National Women and Girls HIV/AIDS Awareness Day, share your story to help your loved ones find their power in ending the stigma. #EndHIVStigma #NWGHAAD www.womenshealth.gov/nwghaad

 Empowering stories encourage women to seek #HIV care without fear or shame. On National Women and Girls HIV/AIDS Awareness Day, share your story to help your loved ones seek care with confidence & without fear or shame. #EndHIVStigma #NWGHAAD www.womenshealth.gov/nwghaad